

Book Reviews

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Clinical success in Invisalign orthodontic treatment (2011)

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This book, first published in French in 2009, offers a useful insight into the concept, biomechanics, and treatment strategies of Invisalign orthodontic treatment together with the author's extensive experience of several hundred treatments over 8 years. In the words of Dr Bouchez, '... this book should be viewed as only one contribution to the ongoing development of the Invisalign technique'.

There are six relatively short, and easy-to-digest, chapters, each liberally illustrated with colour pictures of clinical cases. The early chapters describe the Invisalign system from the inception of Align Technology in April 1997 by two MBA students, through aligner design and construction, to the way in which aligners can move teeth. The middle chapters deal with the precise clinical record taking process and the now labyrinthine complexity of the ClinCheck 3D simulation treatment planning software, although v3.0 supersedes the v2.9 presented in the text. The final chapters describe in detail the

Invisalign treatment strategies including attachment design, the control of tooth movement including mini-implant anchorage and elastic traction, and indications and contraindications. This latter part will be of great use to many practitioners who are unsure of the clinical limitations of this appliance system and who will benefit from the advice of an experienced clinician.

The quality and quantity of the clinical information contained in this book can only arise from an intimate familiarity with this aligner system. Love it or hate it, Invisalign is a major name in orthodontic therapy with the public and the dental profession alike. This book more than adequately shows and describes the limitations of aligner treatments. This should be of interest to the neophyte Invisalign practitioner, as a useful reference text, and to the more experienced low-volume practitioner (like me) in need of guidance, advice, and inspiration.

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